

Share Scents News

Essential Oils for Every Day and Every Body

What's in Your Gym Bag?



SEED TO SEAL:

It is not a slogan, it's our calling.

- Synthetics, contaminants, cheap fillers, and unethical production practices are not an option for our products
- Non-negotiable stringent, unyielding quality benchmarks
- An extensive line of authentic, essential oil-infused solutions that represent the best of nature—all purity, no compromises—seed to seal
- Setting a top-tier standard for sustainability, doing business responsibly
- You can learn more about the standards set by Young Living at www.seedtoseal.com

New Year!! Have you already made resolutions that you hope to keep? Whether or not they include fitness or exercise, this newsletter will give you insights into how to use Young Living products to support your wellness journey in the year ahead.

We hope that you were able to join our online class on this subject. It is a great time to connect with others who support a lifestyle that includes wellness. Hey, you may even meet a new friend! Ask me about getting in on our classes.

One more thing I want you to remember is why I represent and discuss Young Living products. I have used products from Young Living for 18 years and have proven to myself that this is a company I can trust. The quality and commitment to purity has been proven to me over and over. One thing that stands out is the Seed to Seal® commitment. (See above)

Another thing that means so much to me is Young Living's Promise to Families: "We believe that you and your family deserve products that are genuine, free of synthetic chemicals, and of unmatched purity. Seed to Seal® is both a promise to you and a reflection of our sense of global stewardship."

So, let's take a look at some of my personal favorites to support a fitness and health!

Let's go! Joyce

Joyce Peraaho ~ Young Living Member #752224 ~ www.ShareScents.com



Supporting Health and Fitness

Keeping Clean



Here are several products that help you keep clean and safe when you are out and about or at the gym!

- Bon Voyage Travel Pack
- Thieves Wipes
- Thieves Waterless Hand Purifier
- Thieves Spray
- Lemon Sandalwood Bar Soap
- Thieves Foaming Hand Soap
- Morning Start Bath & Shower Gel
- Shutran 3-in-1 Men's Wash
- Shutran Shave Cream
- Shutran Bar Soap

Whole-body Support

You can take the power of NingXia Red® anywhere you go with Young Living's NingXia Red 2-oz. singles. These convenient, portable pouches are the perfect way to enjoy this super fruit beverage anywhere you need it.

Premium NingXia Red ingredients include juices and extracts from super fruits such as aronia, plum, blueberry and pomegranate, plus a whole-fruit puree of exotic wolfberries.

Delivering not only wellness-supporting super fruits, NingXia Red singles also offer your daily boost of pure essential oils! NingXia Red juice includes Lemon, Yuzu, Tangerine and Orange essential oils for a delicious, powerful blend, plus a sweet, balancing hint of pure vanilla extract.



Staying Hydrated

NingXia Zyng is perfect to help you stay hydrated during workouts.

- Includes natural Lime and Black Pepper essential oils
- Lime essential oil provides limonene and citral, which are both high in antioxidants
- Quenches with a refreshing, energizing, lightly sparkling formula
- No artificial flavors, colors or preservatives
- Hydrating energy with no added sugars
- Only 35 calories per can



Targeted Nutrition

When you workout, it puts extra stress on your body. That's why it makes good sense to provide some targeted nutrition to your muscles and joints. These are some of my favorites that I can recommend.

To access our educational classes, join Share Scents Classroom on Facebook



Essential Oils for Your Best Effort

- ♥ Fitness
- ♥ Highest Potential
- ♥ Motivation
- ♥ En-R-Gee
- ♥ Peppermint
- ♥ Peppermint/vitality

Essential oils are always beneficial to a good fitness program.



Love Your Muscles

Young Living offers a wide variety of products to support your muscles, ligaments and bones while you are working out.

- ♥ Ortho Sport
- ♥ Ortho Ease
- ♥ Cool Azul Blend
- ♥ Cool Azul Sports Gel
- ♥ Cool Azul Pain Relief Cream
- ♥ PanAway
- ♥ Relieve It
- ♥ Deep Relief

Weight Management

For healthy weight management and optimal nutritional support, Slique® is the best way to meet your weight-loss goals when combined with a healthy diet and increased exercise!

There are six different Slique® products:

- Y Slique® Shake
- Y Slique® Tea
- Y Slique® CitraSlim™
- Y Slique® Gum
- Y Slique® Essence
- Y Slique® Bars



Healthy Snacks

Snacking seems to go with exercise, right? Seems counter-productive when we work so hard to burn off the unwanted pounds and calories and then eat snacks that don't support our goals.

Thankfully, Young Living offers several snacking options. Two are the Slique® Bars and the Wolfberry Crisp Bars. Both are delicious and nutritious.



Getting Started: Choose the kit that's right for you!

Open your Young Living Wholesale Account by choosing your kit.

- ✔ Save 24% on all Young Living Products
- ✔ No annual membership fee
- ✔ Minimum \$50 order required per YEAR to remain active
- ✔ Cost is \$160 - \$380 + tax and shipping



More for your \$\$\$

Check out the Essential Rewards Program

1-3 months	4-24 months	25+ months
10% of order PV	20% of order PV	25% of order PV
<ul style="list-style-type: none"> • Easy monthly shipments • Discounted shipping • Exclusive bonuses • Essential Rewards points—earn free product credits! 	<p>Gifts at 3, 6 and 9 Months!</p> <p>Special Gift at 12 months Exclusive Essential Oil Blend "Loyalty"</p>	<p><i>Essential Rewards is relaxed, customizable, and generous</i></p>

Essential Rewards

offers you additional discounts and benefits just for switching the brand of products you already use!

It really makes good sense to purchase the best quality products and get maximum savings while supporting your healthy lifestyle.

Get Your Oils For FREE

Did you know you can get your essential oils for free just by sharing with your friends and family?

Our team offers training on how to earn bonuses and build a Young Living business that can provide a part-time or full-time income.